



We are excited to welcome you to season 8 at Dynamic Elite Athletics! We strive to create athletes that will gain confidence, self-respect, teamwork and sportsmanship within a disciplined, safe and family fun environment. Our CheerAbilities Special Needs Adaptive All Star program is open to all special need athletes of any age. We place individuals of all skill levels and will form teams based on overall abilities that will create success for the athletes and their team. Our organization was established in 2013, opening our doors with 5 athletes, expanding to over 100 athletes in our all star programs.

Services We Provide

- * Competitive Elite Full Year All Star Cheerleading Teams
- * Competitive Prep Full Year All Star Cheerleading Teams
- * CheerAbilities Special Needs All Star Cheerleading Team
- * Non-Competitive Tiny Novice Half Year All Star Cheerleading Team
- * Non-Competitive Novice Half Year All Star Cheerleading Teams
- * Tumbling classes
- * Jump classes
- * Flyer classes
- * Private lessons
- * Open gyms
- * Camps & clinics
- * Birthday party packages
- * Floor space rental
- * Instruction for schools, youth league, and recreational teams

Gym Equipment

- * Two full sized competition 54x42 spring floors
- * 30 ft Extreme Tumble Trak
- * 30 ft Air Floor PRO
- * 24x42 purple cheer floor
- * 18x42 teal cheer floor
- * Large rectangular trampoline
- * Tumbling aids, wedges, and mats
- * Free weights, Medicine balls, Fitness machines

Our Facility

- * 15,000 Square Feet
- * Air-conditioned parent viewing and seating area
- * Air-conditioned athlete room and cubbies
- * On site parking lot

Safety Is Our #1 Priority

The safety of our athletes, parents, and staff is our number one priority inside and outside of the gym. Between the health of our athletes, creating a sanitary environment in the gym, ensuring security of our families, and treating illness and injuries seriously, we strive to create the safest facility for all of our members. As we are not medical professionals, we will not attempt to diagnose an illness or injury. A parent or guardian will be contacted if a child starts to feel ill or if they are injured while in the gym if we deem necessary. If the illness or injury is not interpreted to be serious by the gym administrators or staff, the parent or guardian will be notified at the end of practice to keep the parent or guardian communicated. A parent or guardian will also be contacted before any medicine is provided to a minor. Children that incur an injury that involves the head, spine, and/or show any deformity to the body will not be moved. Our standard protocol is to call 911 immediately upon a serious injury occurring inside or outside of the gym, regardless of health insurance of the child and/or family. A parent or guardian will also be contacted if they are not on the premise of our facility once we have secured an ambulance to help the injured child.

Program Goals

- Provide athletic training to children and adults with intellectual and physical disabilities.
- Create a program that gives athletes with special needs the opportunity to develop physical fitness, demonstrate courage and determination, experience joy and success, and participate in the social aspects of friendship and teamwork in a safe and encouraging environment.

Jackrabbit Account

If you are a returning member, please log into the parent portal and ensure all family information is up to date. If you are a new family, please make sure to create an account prior to evaluations and that the registration fee is paid.

1. Go to the website at **DynamicEliteAthletics.com**, then click on **“Register For A Team.”** This will take you directly to the Jackrabbit system where you can fill out all of your family’s information.
2. You must **“Enroll In A Class”** labeled **“2020-2021 Perfect Cut Registration”**
3. Registration fee is processed upon submission.
4. The parent portal will allow you to enroll in classes, register for events, make payments on your account, and see all activity.

USASF Profile

USASF stands for The United States All Star Federation, which governs all star cheerleading and dance across the nation. Every athlete in our program will have a profile in the USASF system. This allows us to register their team(s) for the USASF sanctioned events we attend. Parents will be responsible for maintaining their child’s USASF profile. Each child will need to have up-to-date information as well as a birth certificate uploaded to their profile to verify their date of birth. There is an annual fee of \$30 that will need to be paid directly through the profile between August 10, 2020 and September 12, 2020.

Facebook Account

Teams have their own private Facebook groups to easily communicate information to parents. Although, at times, emails are provided, most communication is posted on the Facebook groups. Each family will need at least one parent/guardian to have a Facebook account in order to be added to these groups so they receive the most up to date information.

Coach Credentials

Coaches are fully background checked through USASF. They are fully CPR and First Aid certified as well as Credentialed through USASF in building skills and tumbling for their designated team levels.

Athlete Of The Month

Every month our coaches will submit their nomination for the Athlete Of The Month across all of the teams in our all star programs. We look for athlete's that demonstrate leadership, confidence, skill building, progression, assistance in practice, and simply being truly Dynamic. The chosen athlete will be given a basket with their favorite snacks/drinks as well as an Athlete Of The Month t-shirt and bow in front of their team and coaches. The presentation will be recorded and post on our social media platforms.

Team Parents

Each team has a team parent, which is a volunteered position from one parent of an athlete on the team. As a team parent, they coordinate bonding between the team, track athlete arrivals at competitions, gather athletes for warm ups and awards at competitions, make new and returning members feel welcomed, collect and submit photos for the end of the year slideshow, and are a liaison with the coaching and office staff. They provide important reminders and updates for parents while being a Dynamic culture advocate for their family and their team's families.

Attendance

Perfect Cut begins practice on Saturday, September 12, 2020 and ends on Saturday, February 27, 2021 or when we deem worthy. Athletes are required to attend all practices and competitions as a team. The team is a 6-month commitment and families are signing off on committing for the entirety of the 2020-2021 season.

General Absences

Every program has an allotted amount of excused and unexcused absences each season. An email receipt will be provided to the family with an updated absence count at the time of an absence form or absence in general. If an athlete is going to miss a practice, an absent form must be emailed a **minimum of 1 week in advance** at the front desk. Any absent forms that are handed in less than 1 week in advance will be considered unexcused. Athletes cannot be absent from their final practice before a competition. All known absences will be provided to us on the evaluation application. This program will be allotted the following amount of absences for the entirety of 6 months: **Maximum Excused Absences = 4 | Maximum Unexcused Absences = 2**

Blackout Dates

Athletes cannot be absent from the following: a competition, a practice consecutively before a competition, the Purple & Teal Reveal (our annual showcase), and the finals showoff (our end of the year in-gym performance before teams attend their final competition of the season.) All of these dates will be given in advance to avoid any conflicts.

High School Athlete Absences

We do allow athletes to join high school teams (varsity, junior varsity, and modified levels) but not at the expense of missing our practices or competitions. Parents and/or athletes will need to provide their high school coaches their all star practice schedule and competition schedule. Our practice schedule and competition schedule will not be modified due to conflicts. Any violation of this policy will result in transferring athletes to a more suited scheduled program or potential

removal from their team. The absence policy will remain in full effect with only so many allotted excused/unexcused absences from an athlete.

Recreational/Town/Youth Leagues

We do allow athletes to join their recreational/town/youth league teams, but not at the expense of missing our practices or competitions. Parents and/or athletes will need to provide their recreational/town/youth league coaches their all star practice schedule and competition schedule. Our practice schedule and competition schedule will not be modified due to conflicts. Any violation of this policy will result in transferring athletes to a more suited scheduled program or potential removal from their team. The absence policy will remain in full effect with only so many allotted excused/unexcused absences from an athlete.

Sickness /Illness

Contact the gym if your child will not be physically present for practice due to a sickness or illness. We will need to know the exact reason the child cannot come to practice. Telling us that they are unable to come because they are sick is not an efficient excuse. A doctor's note is required if a child cannot participate in two consecutive practices due to an illness. If your child is not feeling well, we do ask for your child to come to practice, if they are able to, even if they can't participate. If they cannot physically come to practice, we will ask that your child attend practice virtually through a Zoom meeting for the entirety of the practice. The only excused absences without a doctor's note are the following

- Persistent fever greater than 100.4 degrees
- Vomiting more than 2 times within a 24 hour time frame
- Consistent diarrhea that can't be controlled
- Contagious viruses including strep, flu, or coronavirus when your child has not been on antibiotics for at least 24 hours

We do our best to accommodate children getting better from an illness while creating the best success for their team. If you have a question on your child's ability to participate please contact us. A child missing practice due to a sickness/illness with a doctor's note does not count against their allotted absences.

Short/Long Term Injury

If your child suffers a short or long term injury, the gym must be notified immediately prior to the parent or the child posting it on social media. A doctor's note must be provided and consistent updates must be provided to the gym during the injury as doctor appointments happen. Depending on the length of the injury, fees may be adjusted, but a determination will be made between the gym and the family.

Vacations/Time Off

We realize that many families attend vacations throughout the year. Please provide all known vacations or time off upon registration. Please remember that each athlete has a limited amount of excused absences. There will be no all star practices on the following dates:

09/07/2020	Labor Day
10/31/2020	Halloween Day
11/26/2020-11/29/2020	Thanksgiving Break
12/21/2020-01/01/2021	Holiday Break
04/04/2021	Easter

Weather closings: In the case of extreme heat, cold, or wind, we will make a decision by 3:00 P.M. the day in question. Any cancellations will be updated on our social media, emailed out, and sent via our DynamicElite App.

Natural Disasters & Pandemics

If a natural disaster or pandemic occurs where our facility can no longer be practiced in, we will do our best to accommodate a situation of this caliber by finding new space to permanently or temporarily practice in. If we cannot physically come together to practice, we will move our practices to virtual practices through Zoom for the time being until the facility is safe to return to. All athletes will be required to attend the virtual practices and all policies within this informational handbook stand as is. If needed for any reason, credits will be processed onto family's account in Jackrabbit. Refunds will not be directly provided back to a debit/credit card for any reason, at any time.

Practice Wear

Proper practice attire consists of the mandatory practice wear, cheer shoes on, hair up, jewelry removed, and gum thrown away. The only acceptable cover up during a practice is an athlete's warm up jacket and/or warm up pants. Warm ups can be removed once the team is on a break. Female athletes are also required to wear a sports bra under their mandatory practice wear, no matter their age.

Prepared For Practice

Practice will begin promptly at the designated times provided. All athletes must be completely ready to hit the floor to start practice. Being ready means children have gone to the bathroom, have their mandatory practice wear on, cheer shoes on, jewelry off, hair up, and water bottles in hand. Athletes should arrive 10 minutes early in order to fully prepare themselves for practice.

Practice Schedule

Practice schedules are determined once the teams have been finalized after evaluations and depend on the program each family is committing to. Tentative practice schedules:

- **Perfect Cut Team:** 1 hour practice every Saturday morning from 10:30 AM – 11:30 AM.

Competition Dress Code & Expectations

Athletes must be in full uniform, hair, make-up and bow by the arrival time of the competition for their specific team. Athletes are representing themselves and our program, so proper behavior must be displayed at all times. Jewelry cannot be worn during a competition. Nails cannot exceed a ¼ inch over the finger. Nail polish can be worn but must be black, purple, or teal. Athletes can have acrylic nails but must comply with the ¼ inch over the finger length. Athletes are required to be in full uniform when they are not performing and during their team's award ceremony. If athletes want to cover up their uniform at a competition, they are able to wear their warm ups or baseball jerseys only. Athletes are recommended to be present at the competition for the entire duration to support all teams. Athletes will be expected to sit with the entire gym to promote bonding and unity. Travel expenses to competitions including hotels, tolls, and gas are not included in monthly installments and are a completely separate expense for families.

Competition Schedule

The final competition performance times are sent to us the Wednesday night prior to the competition that weekend. We will send out the arrival times, performance times, and award times

as quickly as we can, either on Wednesday night or on the Thursday prior to the competition. Please do not ask for times any earlier.

Hotel Accommodations

Because it has been our experience for our families to have a wide variety of tastes, budgets, and styles of travel, we do not reserve group hotel rooms, nor do we require our families to stay in one hotel. You are free to choose hotels that best fit your needs and budget.

At times, a group rate link will be provided on the team's Facebook group, but is not required to book at that hotel or at the group rate. Families can post their accommodations on the team's Facebook group if they'd like to coordinate with other families on where they are staying. Many families have their children bond before or after a competition.

Plan For Bad Weather

While it is tempting to reduce costs by traveling to a competition the day of, please be sure to plan for potentially bad weather, particularly in the winter months. Competitions are rarely cancelled due to weather, so a five or six hour drive in good weather can easily turn into a ten or twelve hour drive in bad weather.

We suggest booking hotel rooms that can be canceled minimally 24-48 hours in advance. Because final competition schedules are sent out the Wednesday night before the competition that weekend, having to cancel hotel rooms on a Wednesday is not sufficient to our timeline. Please do not book hotel rooms to save the extra money when you have to cancel more than 24-48 hours in advance.

Spectator/Parking Fees

A spectator fee is the fee to get into a venue at a competition. This charge comes from the event producer, not the gym. The amount of the spectator fee usually ranges from \$15-\$20 per person, so please plan accordingly. Many events accept cash only for this fee, so please plan accordingly. Some venues are in downtown cities, where there is a fee to park your vehicle, in which many accept cash only for this fee, so please plan accordingly. Our overall suggestion is to bring cash in the amount of \$20 x the amount of people going into the venue and \$40 for parking, just to be on the safe side.

Showcase Date & Participation

Our annual Purple & Teal Reveal Showcase is an opportunity for our teams to perform their routines for family and friends. This event will be held at our facility and all athletes are required to attend the showcase. This season's showcase will be held on:

Saturday, November 7, 2020.

2020-2021 Competition Schedule

Date	Competition	Location
11/07/2020	Purple & Teal Reveal	The Gym
01/30/2021	Shout Rochester	Henrietta, NY
02/20/2021	Platinum Nationals New York	Rochester, NY

The Dynamic Elite Parent Booster Club

Our Parent Booster Club consists of volunteer parents. Parents are nominated and voted on into their specific positions. They assist in the purchase of new equipment for our athletes. They also provide fundraisers to offset monthly costs for our families throughout the year. They put together our annual end of the year banquet for all of our families. Boosters are a non-profit 501C. All new

families or non-consecutive returning families pay \$50 into the Dynamic Elite Parent Booster Club. Returning families pay a \$25 booster fee annually.

There is one mandatory fundraiser per year that each family must participate in, the pancake breakfast. Each athlete is required to sell \$25 worth of tickets for this fundraiser. This fundraiser assists the boosters club to offset the costs of our end of the year banquet.

End Of The Year Banquet

At the end of every year, The Dynamic Elite Parent Boosters will invite families to attend a banquet, which is a celebration of the athlete's successes for the season. There will be food, raffles, and awards. Although this is an extra expense to attend, we highly encourage participation so everyone can bask in the joy of hard work from the season. The banquet is usually held in May each year.

Venue & Event Fundraising

Families have the opportunity to offset monthly tuition costs by volunteering their time and signing up to work at different venues and events only through Dynamic Elite Athletics. If you are interested in any of the venue and event fundraising opportunities, please email the gym directly.

One option family's have is working bingo once a month at The Gates Bingo Hall. The payout is \$90 per month for this fundraiser. This option has limited availability. Only one person per family can volunteer for Bingo. The volunteered person is committing to 14 bingo events per year.

The second option is to volunteer at concession stand work at events done at different venues including the Blue Cross Arena, Lakeview Amphitheater in Syracuse, Darien Lake Concerts, and The ROC Dome Arena Events. More than one person per family can volunteer for these events. This opportunity does not have a minimum commitment. Each volunteer will sign up for specific events to work. There is mandatory training that must be completed prior to volunteering.

You may use fundraising credits for in gym purchases only. Fundraising credits are not refunded at any time or paid out directly. Money that is fundraised is paid to Dynamic Elite Athletics and will remain on each family's account for one full year unless the family leaves our program and commits at least one child to a direct competitor, in which, at that time, the fundraising credits will be removed from the family's account immediately.

Fundraising

Fundraising is a benefit to assist and offset monthly installments, however, credits do not come instantly. Typically, payments take between 4-6 weeks before they are added to a family's account after the fundraiser has been completed. Fundraising credits assist in future monthly installments only. If at any time there are individual financial issues, please contact the gym. We do our best to work with families, but cannot make guarantee accommodations every month. Any type of venue fundraising or fundraising credits on an account will remain on an account for a maximum of one year unless the family leaves our program and commits a minimum of one child to a direct competitor of ours. If a family has committed to a direct competitor's program, their credits will be removed from their account immediately.

We will also provide fundraiser templates that can be posted where families will collect fees directly such as our uniform and end of the year competition fundraisers. These are known as "Sponsor My" fundraisers. Donations can be accepted in any amount so family and friends of our athletes can help offset costs for the family.

Private Lessons

Private lessons are a 1 on 1 session with our staff. Staff set their own availability. Prices vary based on experience and certifications. If a gym account is past due, private lessons will be cancelled until the gym account is brought current. At no time can private lessons be taken at any direct competitor while on a team for Dynamic Elite Athletics.

Instructional Classes

Athletes on a team can enroll into up to 2 classes per week for \$50 per month per athlete. At no time can classes be taken at any direct competitor while on a team for Dynamic Elite Athletics.

Athlete Rules of Conduct

- Respect, integrity and proper character are mandatory.
- Always be on your best behavior while in Dynamic attire including competitions and out in public. Representing our gym in a positive manner is essential to our integrity.
- All Star Cheer is a commitment. Extracurricular activities/sports will not interfere with our practice or competition schedule.
- Demonstrate good sportsmanship and help your teammates.
- Participate in charity, community, and fundraising events.
- Participate in bonding with your team.
- Gossip or bullying will not be tolerated. Any complaints of this will be investigated immediately, and if found, enforcement will be strict with potential result in removal from the program.
- Represent yourself and the gym in the upmost respectable manner on all social media sites. Do not gossip or disrespect another team member, coach, or other all star programs.
- Pick up after yourself and take pride in your gym. Food and drinks must stay in designated areas. Cubbies will be provided for you. Please have all bags, phones, coats and any other items placed in the cubby.
- The use of drugs, tobacco, alcohol, vaporizers and abusive language is prohibited. This behavior will result in immediate dismissal from the program. No exceptions.
- Cell phone use is limited in the gym. No cell phone use during practice. Any cell phone use during practice will result in removal of the cell phone to the coach until practice has been completed.

Parent Rules of Conduct

- Parent viewing areas are provided as a convenience; please do not abuse the privilege or you may be removed from the parent viewing area for a length of time temporarily or permanently.
- Parents are not permitted to enter the gym area, unless requested by a staff member. If you need to speak to a coach please talk to them before or after practice. If there is an emergency please email us at allstar@dynamiceliteathletics.com.
- Drama will not be tolerated. Fighting, gossip, disrespect to staff, athletes, or other parents, unsportsmanlike conduct, or any negative connotation will not be acceptable to the gym or any other gym. The rule applies to but not limited to all social media sites.
- Refunds will not be provided at any point, including if a family or athlete is removed from our program.
- Do not punish your child, the coaches, or our program by pulling your child from a practice, a team, or a competition for any reason. If there are concerns then please contact us.

WELCOME TO SEASON 8 @ DYNAMIC ELITE ATHLETICS

- Veteran All Star parents please make new parents feel welcome and provide guidance. We have all been there at some point and it is a very overwhelming process. We are one Dynamic family and should look out for one another.
- Smoking is not permitted in the entrance doorways.
- Parents must supervise all children at all times. We want families to be able to socialize, but not at the disruption of our business.
- Communication is a high priority to us. Please contact us via email or by giving the gym a call. Do not contact us via Facebook message or text message. We will respond within a 24-48 hour time period. Any critical concerns should be brought to our attention immediately.
- It is the parent's responsibility to know what is going on with their child's team. Check your emails and team's Facebook group regularly as we utilize this as our main sources of communication.
- Respect the decisions that coach's make for the success of their team.
- We reserve the right to remove an athlete or family from our program if we deem worthy.
- Dynamic Elite Athletics, our logo, our name, our initials, and team names are privately owned and trademarked. Parents cannot create apparel, online stores, team stores, or any type of material without prior approval from the gym that include our logo, name, initials, or team names.

2020-2021 Fee Structure: Here is the generalized fee structure for the program.

Registration	\$20 (paid upon registration)
USASF Fee	\$30 (paid through USASF website)
Practice Wear	SPONSORED
Warm Up Jacket	SPONSORED
Music	SPONSORED
Bow	SPONSORED
Competitions	SPONSORED
Tuition Total	\$300 (paid in 6 installments)
Program Total	\$350

Breakdown of Each Fee

Registration - This is an annual fee to join a team each year. This fee is processed immediately and is non-refundable. This fee must be paid prior to an athlete being evaluated for the upcoming season.

Practice Wear - This is a mandatory practice wear bundle, which will be purchased for each athlete. It is mandatory for athletes to wear their practice wear every practice.

Warm Up Jacket - This is a mandatory warm up jacket required for all athletes to wear over their practice wear at practices or their uniform at competitions. They can wear their warm ups any time they would like throughout the season whether for Dynamic or not. We will notify families when we have the available sizing to try on. We will only have the sizing available for a limited amount of time. All new athletes will need to be sized. Returning athletes will need to be sized if the warm up jacket no longer fits.

Music - Every team will have specific music that is picked out from the coaches every season.

Bow - Every season, a new bow design is acquired per program (elite/prep.) All athletes within that program will wear the bow to the annual Purple and Teal Reveal and all competitions. Detailed

information will be sent out on the proper way to complete an athlete's hair as well as how to properly put on and wear the bow.

Competitions - Competition fees include the registration and administration fees to have an athlete participate in competing at the competition. Competition fees do not include the spectator or parking fees.

Financial Commitment

I have read and understand my financial commitment to Dynamic Elite Athletics outlined in this packet. I understand that my commitment is for the 2020-2021 all star season. I understand that I am giving my credit card information that will be used to meet the payment deadlines for Dynamic Elite Athletics. My card will remain on file for future auto-charge payments that are not paid by the designated dates. I understand that I forfeit any monies paid if I choose to leave a team or am asked to leave the program and that my card will be auto-charged the termination fee. I understand that if I leave the program for any reason I must give Dynamic Elite Athletics at least 7 days written notice in order to stop debits to my credit card. I confirm that I am entering into this program of my own free will.

Promissory Note

For and in consideration of the privileges of my child/children becoming a Dynamic Elite Athletics all star team member, the undersigned hereby agree(s) to pay to the order of Dynamic Elite Athletics. I have been given the monthly-designated fee structure for installments and payments coming out each month. Fundraising credits are not applied to my account until payments are received; therefore all monthly installments are due per their regular schedule. In the event of default in the payment of any installment or any other default, Dynamic Elite Athletics, LLC may, at its option, declare all unpaid installments immediately due and payable, plus all costs of collection, which are agreed to be equal to 35% of the principal amount, and reasonable attorney's fees.

AUTHORIZATION AGREEMENT FOR PRE-ARRANGED PAYMENTS

I hereby authorize Dynamic Elite Athletics, LLC to debit my account as such amounts become due by initialing debit entries to my primary credit card on file in the Jackrabbit system. I authorize and request to accept to any debit entries by Dynamic Elite Athletics, LLC to such account and to debit the same to such account without responsibility for the correctness.

I agree to indemnify and hold Dynamic Elite Athletics harmless from any loss suffered as a consequence of actions resulting from or connected with or issuance of a debit. This authorization is to remain in full force and effect until Dynamic Elite Athletics, LLC has received written notification from me of its termination in such time and in such manner as to afford Dynamic Elite Athletics, LLC and its depository bank a reasonable opportunity to act on it. I agree that Dynamic Elite Athletics, LLC reserves the right to correspond in all matters regarding fees via e-mail unless I request otherwise with written notice.

Billing Contact Name _____

Billing Address _____

Email _____ Phone Number _____

Billing Person Signature _____ Date _____

Main Contact Parent/Guardian Agreement

I agree to all fees, policies, rules and regulations outlined in the entirety of this packet (all 15 pages.) In addition, I will adhere to the handbook and accept consequences that are written. I understand from time to time the regulations may be revised due to unforeseen circumstances during the original draft. I understand the financial obligation for the season 2020-2021. I understand that if I choose to leave or are dismissed from the program due to breach of this handbook, termination fees are automatically charged per athlete and refunds are not provided for any reason.

Main Contact Signature _____ Date _____

Athlete Agreement

I understand what is expected of me as an athlete.
I understand the rules of the gym and will adhere to them.
I understand the consequences for breaking those rules.

Athlete's Printed Name _____ Date _____